

# Make a Better Choice for your Match Night In

At SPAR we want to make sure that whatever your lifestyle and food preference, we have a quality range of better choices available in our stores.

## Drinks

SPAR Lemonade Vitamin Water  
 SPAR Raspberry & Apple Vitamin Water  
 SPAR Orange & Passion Fruit Vitamin Water  
 SPAR Water Still 500ml / 750ml / 1lt / 2lt / 5lt  
 SPAR Water Sparkling 2lt  
 Fresh Choice Orange Juice 330ml  
 Fresh Choice Apple Juice 330ml  
 Naked Lean Berry  
 Vit Hit Citrus Revive  
 Vit Hit Immunita  
 Vita Coco Coconut Water Peach & Mango  
 Vita Coco Coconut Water Pineapple  
 Vita Coco Coconut Water

## Grocery

SPAR Houmous Selection  
 SPAR Red pepper Houmous  
 SPAR Reduced Fat Houmous  
 SPAR Classic Houmous  
 SPAR Olives and Garlic  
 SPAR Olives Black Hojiblanca  
 SPAR Olives Green Pimento  
 SPAR Spicy Green Olives & Chilli

## Confectionery & Snacks

SPAR Fruit Nut Seed Mix  
 SPAR Dried Mango  
 SPAR Protein Mix  
 SPAR Natural Organic Nut Bar Cashew & Figs  
 SPAR Unsalted Cashews  
 Free'ist Chocolate Striped Peanut Cookies  
 Free'ist Chocolate Chip/Coconut/Hazlenut Cookies  
 Free'ist Dark/Hazelnut/Milk Chocolate Bar  
 Free'ist White Chocolate with Strawberries Bar  
 Cali Cali Crisps  
 Tayto Snax

Tayto Treble Crunch  
 Tayto Velvet Crunch  
 Tayto Popcorn Pleasure  
 Manhattan Popcorn Salted  
 Manhattan Popcorn Cheese  
 Walkers Baked Cheese & Onion  
 Walkers Baked Salt & Vinegar  
 Snack A Jacks Cheese & Onion  
 Snack A Jacks Sour Cream & Chive  
 Snack A Jacks Sweet Chilli



**SEAMUS COLEMAN**  
 Irish International Footballer